

## **Packing List Checklist:**

- \_\_\_ Passport
- \_\_\_ Cash (approx. \$150-200 is the average spent per week)
- \_\_\_ Debit/credit card (if desired; make sure you notify your bank of your travel plans!)
- \_\_\_ Rain jacket
- \_\_\_ Day backpack & dry bags
- \_\_\_ Quick drying clothing
- \_\_\_ Reusable water bottle
- \_\_\_ Bathing suits
- \_\_\_ OTC & Prescribed Medications w/ original labels
- \_\_\_ Toiletries
- \_\_\_ 2 towels (bath, beach)
- \_\_\_ Sunscreen
- \_\_\_ Bug repellent
- \_\_\_ Head lamp or flashlight
- \_\_\_ Hiking boots or old sneakers you don't mind getting muddy
- \_\_\_ Basic first aid supplies (bandaids, antiseptic wipes, Neosporin)
- \_\_\_ Books/Music
- \_\_\_ Travel journal
- \_\_\_ Camera
- \_\_\_ Enough clothes for 1 week (you will only have access to laundry facilities when you're in town)

And of course, your sense of adventure!!!!